



The best activities guide around!

MAY 2011



Cinco De Mayo Party – 6th
Gourmet Dinner – 6th
Mother's Day Buffet – 8th
Match Play Qualifier Tournament – 14th
One Day Individual Stroke Play – 21st
Wine Social – 21st
Bazaar – 28th, 29th

Gourmet Dinner At Eda's Room, Friday, 6 May, 6 pm

Appetizers

Herbed roasted lamb with blue cheese sauce

Soup

Vichyssoise (a rich cold creamy potato and leek soup)

Salad

Wild mixed green salad and marinated cucumber and chilled tomatoes

Poisson

Lobster thermidor

Main Dish-Meat

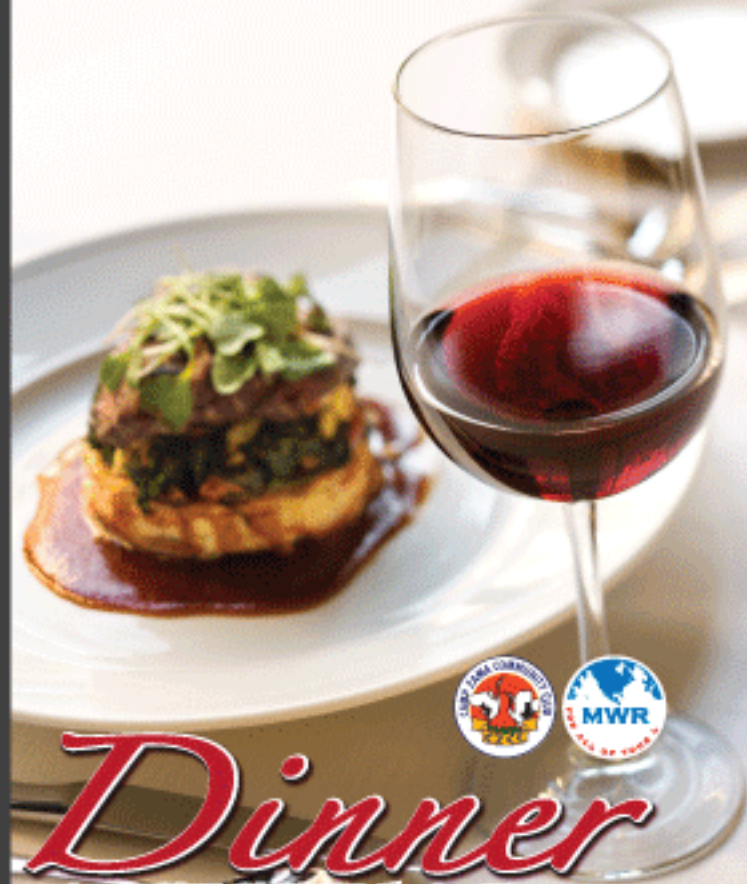
*Beef tenderloin with seasoned vegetables
Sauce madera*

Dessert

Fresh berry tart

***Cost: Couple \$110 Single \$55**

For more information call 263-4547



Gourmet Dinner

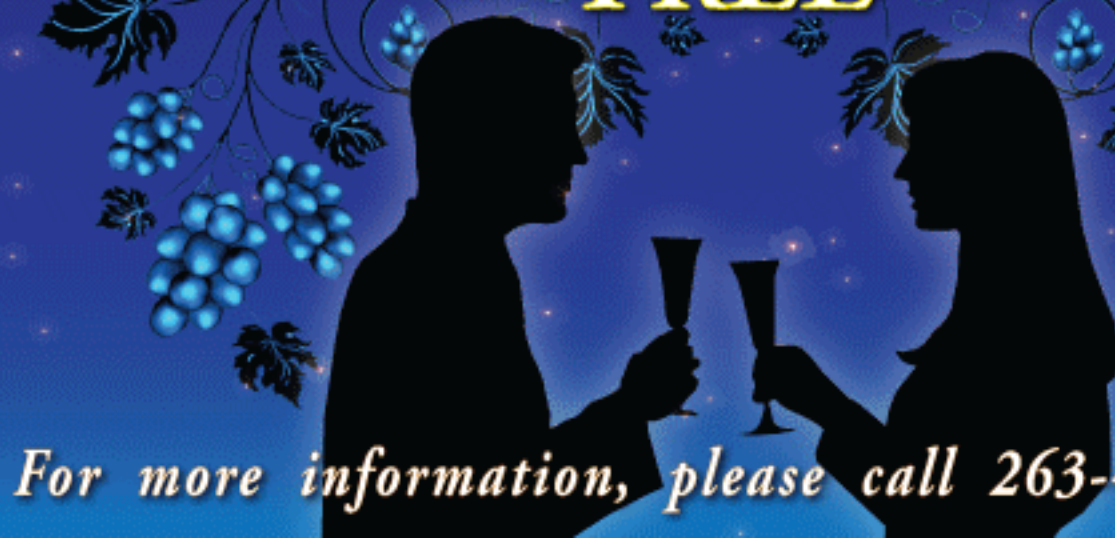
At CZCC Eda's Room

"Under The Stars"

Evening Wine Social

Saturday, 21 May, 6 - 9 pm, CZCC

FREE



For more information, please call 263-4547





The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

This month, we would like to feature Kazushige Saito, Baking Specialist, at the Camp Zama Community Club. Saito-san is not only a master cake decorator, but he is also able to put any photograph, symbol, logo, illustration or message in any font style on the cake top - your choice. Saita-san is pictured with his magic decorating machine, a finished cake and a print which he has just created on the computer. Cakes, sheet or round, can be ordered by calling Ms. Rika Ueda, Caterer, at 263-4202 at least 48 hours in advance. Prices range from \$20 to \$60 for decorated cakes, 1/4 sheet to full sheet (as pictured), with an additional \$15 for printed ones. Special occasions and events such as birthdays, graduations, weddings, holidays, promotions, farewells, retirements.... Saito-san, cake decoration artist, does it all.

Photo by Richard Haun.

“See the Bugle for the advertisement”.

COMING IN JUNE

WHAT: NCAA Female All-Star Golfers

WHEN: Sunday, 26 June

INFORMATION:



For cost, time and participation fee, please phone 263-3694

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Camp Zama

Youth Center will be closed on the following days:

- * Friday, 27 May:
Training Holiday
- * Monday, 30 May:
Memorial Day.



■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

* Hours may change due to scheduled programs.

YOUTH CENTER

• The "6th Grade Happening"

The "6th Grade Happening" is on Friday, 20 May, 7 - 10 pm. The cost is \$2. Transportation will be provided from the SHA Commissary and the Atsugi Theater at 6:30. Come out and enjoy a night of fun, food and lots of entertainment

• Zama Teen Book of Records

Zama Teen Book of Records will be held on Thursday, 19 May, 3 pm. Attention Teens! You too, can become a living legend!!! Every 3rd Thursday of the month at the Zama Youth Center we will have different events

for you to challenge yourself. At the end of the year your record, as well as your picture, will grace the glossy Zama Book of Records next to the Yano Fitness Center's Book of Records. Different challenges include 3 point shoot out, consecutive free throws, hula hoop spins, pogo stick jumps, and Wii homerun plus many more activities.

• Join A Club!

Be a part of something special!

* **Keystone Club:** A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystone Club aims to have a positive impact on members and the community. To find out more about this program and how to get involved, email: yelitza.maringuzman@us.army.mil

* **Torch Club:** A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, email: quinton.smith4@us.army.mil.

* DJ Club

Do you want to be you own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Youth Center

Fuji Q Highland
The Camp Zama Youth Center
14 May, 7 am
We need at least 15 youths to sign up by 12 May.
Only \$60
This amusement park has one of the tallest and fastest roller coasters in the world. It also has a 40 minute extremely scary haunted house! This park has many other attractions that you will want to try! For more information, phone 263-4500.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

has a program for you. Youth center staff will teach you all the basic criteria to become a professional DJ. This program is for registered members 7th - 12th grade. To find out more about this program, phone 263-5441.

*** Smart Girls:**

Smart Girls is a health, fitness, prevention / education and self-esteem enhancement program for our female club members ages 11 - 17. This program is designed to encourage healthy attitudes and lifestyles that will enable adolescent / teen girls to develop to their full potential. For more information about this program or if you are interested in becoming a volunteer, please call 263-4500.

TECH LAB

• ZTN Thursdays

Be part of your local youth news cast on Zama. We are a club that reports local news, upcoming events, commercials, skits, and all things

New Youth Center Opening Soon!

BOYS & GIRLS CLUBS

Cooking Club

COOKBOOK

Would you like to show off your cooking skills? would you like to learn to cook? Come check out our new state of the art culinary kitchen at our new youth center.

important to being a teen! Learn to work an industry standard video camera, edit professional videos and news clips, direct, and write scripts. Did someone say Green Screen? We meet every Thursday at 3 pm in the computer lab and film every other Thursday. Adult volunteers to help with script writing, editing, and filming are needed! Please call 263-4500

or 263-8573 for more information.

• Microsoft Tuesdays

Every Tuesday in May the Camp Zama Youth Center Tech Lab will be teaching youth how to use the Microsoft Office Suite. We'll be covering Microsoft Word, Excel, Powerpoint, and Publisher. Please call 263-4500 or 263-8573 for more information.

hired!

Apprenticeship Program

2nd term will be from 18 April - 9 July.

U.S. Army Child, Youth or School Services

MWR

Are you between 15 - 18 years of age?
Do you want to have a job on base?
This is your opportunity!!!

HIRED! Apprenticeship Program is a study and work program for teens between 15 - 18 years of age. It consists of four 12-week terms repeated annually. Apprentices are able to participate in a maximum of two terms per year for three consecutive years. HIRED! provides teens with meaningful, professionally-managed career-exploration opportunities in MWR operations. HIRED! offers valuable paid work experience (upon successful completion of the Term, the Apprentice is eligible for a cash award) and training to better equip each apprentice with the skills needed for the highly competitive job market. To find out more about this program and how to participate, please call Ms. Yelitza Marin-Guzman at 263-4500 or email: yelitza.maringuzman@us.army.mil.

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S

chool Age
Services (SAS) will be
closed on the following
days:

- Friday, 27 May
CYSS Mandatory
Training
- Monday, 30 May
Memorial Day

■ School Age Services • 267-6013

••• SAS Program Hours •••

Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1415 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1715 - 1800

Are you looking for a place where your children can join other children in a fun learning environment? Come join School Age Services "Before and After School" program.

REMEMBER: our SAS motto, "If its fun, we'll do it"!!!

INFORMATION FOR 6TH GRADERS

Changes for 6th graders attending SAS: this school year the cost will be free during afternoon hours. Why not participate in this great program?

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents, this is a great opportunity for you to provide input, answer questions and share your concerns. We meet in Bldg 337, 4:45 pm. The next Parent Advisory Council meeting is scheduled for 19 May. There are many newcomers in our community and we would like to extend a special invitation for you to attend. Child care is provided.

••• SAS MAY EVENTS •••

Theme: **Fitness for Fun / Asian Pacific Heritage**
Character Counts: **Citizenship**

• Sombrero Relay Race	Thursday	5	1530 - 1630
• Pampered Family Day	Friday	13	1530 - 1630
• Power it up Guest Speaker (TBA)	Thursday	19	1530 - 1630
• Parent Advisory Meeting SHA SAC Bldg 337	Thursday	19	1645 - 1730
• Fun tastic Adventure Day	Friday	20	1000 - 1600
• America's Armed Forces Kids Run at Yokota Air Force Base	Saturday	21	0730 1630
• Memorial Day Picnic	Thursday	26	1530 - 1630

SAS PROGRAMS



SKIES Unlimited
Schools of Knowledge, Inspiration, Exploration & Excellence

School Age Services (SAS) offers care for Before and After School with options for before school only or after school only.



- Full day care on school out days
- Winter/Spring/Summer Camps
- **Fun**tastic Adventure for a No School Day
- Half a day escapade for a Half Day School
- International Outreach Full Day Program
- Super Saturday Program
- Creative play-Occasional Hourly Care

"Funastio Adventure Day": School Age Services will provide a day of adventure for your children on school out days from 8 am - 5 pm.

"Half a Day Escapade": School Age Services will provide care for your children on early release days from 11:15 am - 6 pm.

"International Outreach Full Day Program" This program is designed for SOFA status children attending Japanese schools. School Age Services will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

"Super-Saturdays": Free Open Recreation activities every fourth Saturday for the community from 1 - 5 pm. All events guarantee fun for your children.

"Creative Play" (occasional/hourly care): SAS will provide 5 hours of hourly care per week. Reservations must be made in advance. Cost is \$4 per hour, part time: \$16 (4 hours per day), daily: \$30 (4 hours or more).

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.



To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

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ZAMA CHILD DEVELOPMENT CENTER, 263-4992

- *Cinco De Mayo*
Thursday, 5 May, 2:30 - 3:30 pm
- *Boys Day*
Thursday, 5 May, all day
- *Mother Goose Nursery Rhyme Parade*
Friday, 6 May, 2:30 - 3:30 pm
- *Muffins for Moms*
Monday, 9 May, all day
- *Library Time*
Tuesday, 10 May, 9 - 10 am
- *Start Smart at the Zama Youth Center*
Friday, 13 May, 9 - 10 am
- *Bigz and Lilz*
Friday, 13 May, 2:30 - 3:30 pm
- *Lei Day*
Monday, 16 May, all day
- *Cultural Exchange Fun Day*
Thursday, 19 May, 10 am - 1 pm at Dewey Park (rain date 20 May)
- *Start Smart at the Zama Youth Center*
Friday, 20 May, 9 - 10 am
- *Library Time*
Tuesday, 24 May, 9 - 10 am
- *PAC Meeting*
Thursday, 26 May, 11:30 am - 12:30 pm

Educational and Developmental Intervention Services

Baby Gym

Hosted by
Tara Vollertsen, MPT
Pediatric Physical Therapist

Improve Balance • Have Fun • Bond with Your Baby • Build Strength • Develop Coordination • Play with Others

Thursday, 19 May,
3:30 - 4:30 pm at SHA CDC Gross
Motor Room

Help your baby develop motor skills through games and activities. Open to all children birth to pre-walking. Please bring a towel and comfortable clothes.

For more information, please call 267-6564.

- *Brown Bag Discussion*
Thursday, 26 May, 1130 - 1230
- *Start Smart at the Zama Youth Center*
Friday, 27 May, 9 - 10 am
- *Bigz and Litz*
Friday, 27 May, 2:30 - 3:30 pm
- *Memorial Day* (Closed)

SHA CHILD DEVELOPMENT CENTER, 267-6348

- *Baby's Day*
Monday, 2 May
- *Teacher Appreciation Week*
Monday - Friday, 2 - 6 May
- *Kite Festival*
Wednesday, 4 May
- *Boy's Day and Cinco De Mayo Celebration*
Thursday, 5 May
- *Mother's Day Celebration*

- Friday, 6 May
- *Read to Me Day* (Parent Volunteer)
Tuesday, 10 May
- *Infant Massage*
Thursday, 12 May, 3:30 - 4:15 pm
- *PAC Meeting*
Thursday, 12 May, 11:30 am - 12:30 pm
- *Chocolate Chip Day*
Friday, 13 May
- *Wear Purple for Peace Day*
Monday, 16 May
- *Make an Instrument Day*
Monday, 23 May
- *Tacky Day*
Wednesday, 25 May
- *Pajama Day*
Friday, 27 May
- *Memorial Day*
Closed

Asian-Pacific American Heritage Month

Community Activity Center

Observance:

Wednesday, 18 May,
1600 - 1700

For more information,
SFC Tonya M. Chisholm
263-8630



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“See the Bugle for the advertisement”.

SUMMER LEAGUE BASKETBALL

Registration is 2 May - 10 June. Season is 25 June - 30 July. Ages 13 - 15 and 16 -- 18.

REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

SPORTS PHYSICAL

AR 608-10 requires all youths participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at the

BG Crawford R. Sams Clinic may be limited as a result of so many renewing their youth sports physical.

VOLUNTEER COACHES

The number one priority in providing a great youth sports program is our volunteer coaches - people just like you. We need you in order to provide a great experience for the youths in our community. If you're interested,

please contact us at 263-5437. In addition, more information and an application are at our website "www.zamayouthsports.org." As soon as we receive your application, we will process all required documents and schedule you for a coach's class to be certified to coach youths. All coaches must be CPR and First Aid Certified. A course will be offered for coaches who are not certified.



SUMMER INDOOR SOCCER (FUTSAL)

Youth Sports and Fitness will offer co-ed Futsal to youth ages 11 - 18. The season is 25 June - 30 July. Practices held the week of 20 June. Signups begin 2 May - 10 June.

For more information, please call 263-4066

YOUTH SPORTS & CAMP ZAMA GOLF COURSE

2011 Junior Golf Registration

JUNIOR CLINIC				
Cost	One Clinic	Both Clinics	The cost covers	
			Session Play & Jr. Championship	
Clinic #1	Mon-Thu	20-23 June	8:00-9:30	Age 6-9
			10:00-11:30	Age 10 & Above
Clinic #2	Mon-Thu	11-14 July	8:00-9:30	Age 6-9
			10:00-11:30	Age 10 & Above

SESSION PLAY				
Session #1	Fri	24 June	16:00-17:30	
	Wed	29 June	16:00-17:30	
Session #2	Fri	15 July	16:00-17:30	
	Wed	20 July	16:00-17:30	

JUNIOR CHAMPIONSHIP			
Luncheon and Awards Ceremony to follow!			
Open to participants of both clinics!			
	Fri	22 July	7:30-10:00



For more information: Please contact
(Youth Sports) Robert Santana, 263-5437 / robert.santana@us.army.mil
(Golf) Dale Jorgenson, 263-3694 / dale.jorgenson@us.army.mil

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

F

or "Match Play
Qualifier Tournament"
(14 May) and "One Day
Individual Stroke Play"



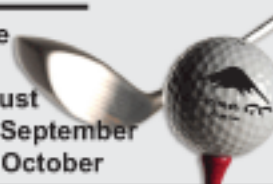
(21 May) see
page 34
for more
detailed
information.

■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

Mark your calenders!

2 Person Best Ball - - - - -	18 June
Individual Stroke Play - - - - -	9 July
2 Person Best Ball - - - - -	20 August
Club Championship - - - - -	10 - 11 September
Zama Open - - - - -	15 - 16 October



TOMODACHI DAYS ARE AS FOLLOWS:

6 May - Friday
13 May - Friday
20 May - Friday
27 May - Friday

Your Japanese guests (max 3 guests
per person) can play with you for the

low fee of ¥5,000 plus cart. This is
a significant savings over the regular
rate of ¥11,000. Check with starters
for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Tuesday, 17 May, shotgun start at
9:30 am. Contact Ernie Harada at
263-4225 to sign up. Cost is \$25 for
SOFA status golfers plus green fees
for nonmembers

TRADE-INS

Camp Zama Golf Course announces
Trade-Ins. You can trade-in your old
clubs for credit when purchasing
new clubs. Find out how much your
clubs are worth at <http://valueguide.pga.com/>

TEE TIME INFORMATION

• Weekday tee times

Weekday tee times will be given out
two weeks in advance for individual
tee times, or 90 days in advance for
larger groups. Requests for multiple
tee times must be made in writing
(or e-mail) to course management.

• Weekend / US holiday

Tee times are requested in advance
using the tee time request form. Fill
out the request form and drop it in
the tee-time request box in the golf
shop NLT 5 pm on the Tuesday prior
for weekends and US holidays. Tee
times will be drawn Wednesday
morning and posted later that day.
The priority system on the request
form will be followed. You need at
least 3 people to reserve a tee time
on weekends / holidays.

NOTE: All golfers are asked to check-
in with the starter at least 15 minutes
prior to their scheduled tee time.

Saturday, 7 May, 1000 - 1200

The Month of May is



PGA

Free Lesson Month

Throughout the month of May
PGA Professionals nationwide are
giving free 10 minute lessons to
help you improve your game, or
get you started in the game for a
lifetime. It's really easy. You can
sign up for a free lesson by 6 May
in the golf shop.

*Discover all the
ways to get more golf
into your life*

Call to schedule your free 10 minute lesson

Dale Jorgenson, Director of Golf
263-3694
Email dale.jorgenson@zama.army.mil
or
Mike Sul, PGA Professional
263-4975
Email michael.sul@us.army.mil




Gift Card

NOW AVAILABLE

The Zama Golf Club presents
Joe Golfer
with a
\$100 Gift Card

Cert# 13 Expires 09/23/11

"Looking for the perfect gift for the
golfer in your family? Why not a gift
card from the Camp Zama Golf Course?
The cards can be used for any golf
course purchase (green fees, cart fees,
merchandise, food and beverage)."

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LUNCH

Monday

- 2 Pork Yakisoba
- 9 Chinese Seafood Rice
- 16 Tonkatsu
- 23 Seasonal Spring Rolls
- 30 No Special (US Holiday)

Tuesday

- 3 Spaghetti w/Meat Sauce
- 10 Taco Salad
- 17 Chicken Enchiladas

LUNCH

- 24 Fried Cod Fish and Fried Shrimp
- 31 Chicken Alfredo Pasta

Wednesday

- 4 Beef Fajitas
- 11 South of the Border Salad
- 18 Chicken Mongolian
- 25 Garlic Shrimp Pasta

Thursday

- 5 Chicken Fajitas

LUNCH

- 12 BBQ Spare Ribs
- 19 Spicy Seafood Pasta
- 26 Chicken Pasta

Friday (6, 13, 20 and 27 May)

Chef's Salmon Pasta

Weekend Special (7, 14, 21 and 28 May)

Curry Rice w/Pork Cutlet or Chicken Cutlet



JR. GOLF INSTRUCTION

with Mike Sul, PGA

Every Monday from 1600-1700
Cost: \$10

Sign-up at the Pro Shop NLT the Sunday prior (need at least two (2) students to conduct the class).



FOR MORE INFORMATION CONTACT
MICHAEL SUL AT 263-4975 OR
EMAIL MICHAEL.SUL@US.ARMY.MIL



Give us five days and we'll give them a sport for a lifetime.

5 LESSONS ONLY \$99



INTRODUCE A FRIEND TO GOLF!



3 SESSIONS WITH DALE JORGENSEN
Session #1: April 21st, 28th, May 5th, 12th and 19th
Session #2: June 16th, 23rd, 30th, July 7th and 14th
Session #3: Sept. 15th, 22nd, 29th, Oct. 6th and 13th

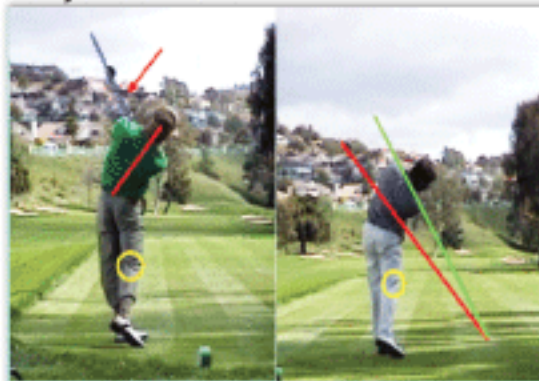
7 SESSIONS WITH MIKE SUL
Session #2: March 22nd, 29th, April 5th, 12th and 19th
Session #3: May 3rd, 10th, 17th, 24th and 31st
Session #4: June 14th, 21st, 28th and July 5th and 12th
Session #5: July 26th, Aug. 2nd, 9th, 17th and 23rd
Session #6: Sept. 6th, 13th, 20th, 27th and Oct. 4th
Session #7: Oct. 18th, 25th, Nov. 1st, 8th and 15th

For more information, contact
Dale Jorgenson, Director Of Golf at 263-3694
email dale.jorgenson@us.army.mil

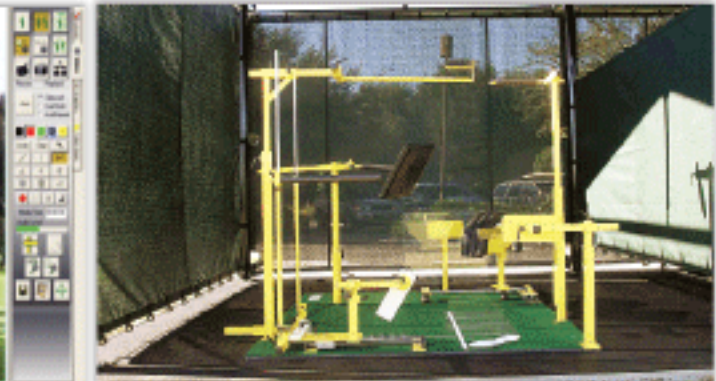
Join the Get Golf Ready program and be ready to play in 5 days. **GOLF READY**
For more information, visit PlayGolfAmerica.com/GGR

REVOLUTIONARY NEW GOLF INSTRUCTION

Zama Golf Club announces a new lesson package. Receive one hour of individual instruction utilizing Computer Swing Analysis and MEGSA (a revolutionary new golf training tool). Cost is \$50 for one lesson or take a series of 4 lessons for \$175 and save \$25 over the individual lesson price. Call Dale Jorgenson at 263-3694 to schedule your lesson.



Computer Swing Analysis



MEGSA Swing Trainer

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

C

oming
**Soon!! The Camp
 Zama Community
 Club "Sports Bar"!!!
 Cafe Roberto's is
 being renovated and
 will open in May, and
 will provide a place
 for you to meet with
 friends and watch
 sports.**



CZCC
BINGO Night
Every Thursday Night!
 Cards on sale starting: 6 pm
 Early Bird Game starts: 6:45 pm
 Regular Game starts: 7 pm.
**FOR MORE INFORMATION,
 PLEASE CALL 263 - 4547**

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• Hip Hop Music w/DJ

On Friday Night, 6, 20 and 27 May, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

• Country Music with DJ

On Saturday night, 7 and 14 May, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

• Main Stream Dance Music with DJ in the Firelight

Friday, 13 May, 9 pm - 3 am.

• Old School Night

Saturday, 21 May, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

• Latino Night

Saturday, 28 May, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95
 Youths 8 - 12: \$7.95
 Youths 4 - 7: \$4.95
 3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

3 Lemon Pepper Chicken
 10 Chicken Fried Steak
 w/Country Gravy
 17 Grilled Herbed Chicken
 w/Honey Mustard Sauce
 24 Spanish Chicken
 31 BBQ Chicken

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

4 Pork Miso Yaki
 11 Hamburger Steak
 w/Demiglaze
 18 Brazed Beef Oriental
 25 Cajun Roast Pork

Thursday: (Rotisserie Chicken and vegetable of the day)



Catering Services

The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.



FREE • FREE • FREE
It's Bunco TIME!
Gals ... and guys too!
13 May, 6:30 pm, at CZCC Ballroom (right wing)
CASH PRIZES
 \$100 Most Buncos
 \$100 Most Mini Buncos
 \$100 Most Wins
 \$100 Most Losses
Light snacks are available.
Participants must be 18 or older.
For more information, 263-4547



SOCIAL HOUR
COME OUT FOR CAMARADERIE AND TEAM BUILDING
FREE HORS D'OEUVRES
FRIDAYS, 5-7 PM @ FIRELITE LOUNGE
1st Friday: "Aloha Fridays"
2nd Friday: "Bring Your Boss Night"
3rd Friday: No Social Hour On Community Nights
4th Friday: Ichi Dan Night "One Team"
*** RIGHT ARM NIGHT ONCE A QUARTER**
WE SUPPORT THE DESIGNATED DRIVER PROGRAM
Please contact a club employee if you need a ride home
FOR MORE INFORMATION, PLEASE CALL 263-4547
CAMP ZAMA COMMUNITY CLUB SERVING THE BEST CUSTOMERS IN THE WORLD

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCH

- 5 • Stuffed Cabbage Roll
w/Tomato Sauce
- Penne Chicken Genova
Cream Pasta
- 12 • Roasted Tomato Bell Pepper
and Feta Cheese Stuffed
Chicken
- Spaghetti Napolitan
- 19 • Polish Sausage
w/Onion and Pepper
- Spaghetti w/Meat Sauce
- 26 • Greek Mousaka
- Linguine Garlic
Tomato Cream
- Friday "Lunch Buffet"** (soup and
vegetable of the day, \$7.95)
- 6 • Chicken Curry
- Fried Beef and Potato
Croquettes
- White Rice / Oshinko
- 13 • Chicken Enchiladas
- Beef Tacos
- Burritos
- Mexican Rice / Corn
- 20 • Baked Meat Loaf
- Chicken Penn Au Gratin
- Rice
- Mashed Potatoes w/Gravy
- 27 • Chicken Creole
- Shepherd Pie
- Jambalaya



DINNER MENU

Sunday (limited menu) 5 - 9 pm
"2 for 1 Steak Night"

(no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

8 Mother's Day Brunch

Monday - Closed

Tuesday (5 - 9 pm)

2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered (no take out).

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Reservations: Please call 263-4547 before 3 pm.

DINNER MENU

Thursday (5 - 9 pm)

- "All You Can Eat Pizza,
Pasta, Soup and Salad Bar"

(no take out)

Adults: \$10.95

Youths 4 - 12: \$5.95

Under 3 years old: Free

- Regular menu

Friday "Chef's Special" (5 - 9 pm)

Regular Menu

6 Cinco De Mayo Party

6 Gourmet Dinner

13 Bunco Night

20 Community Night

Saturday (5 - 9 pm)

- Regular Menu
- Prime Rib Dinner
- Prime Rib and
Shrimp Scampi

14 Texas Hold'em

21 Under the Stars

Our regular menu will be offered in addition to the above specials on Saturday night.

CAMP ZAMA COMMUNITY CLUB

Cake Catering Service

CAKES FOR ALL OCCASIONS **TO ORDER CALL 263-4204**

(TUESDAY-FRIDAY 9:30 AM-5:30 PM)

***CAKE MUST BE ORDERED 48 HOURS IN ADVANCE**

***CONTRACT REQUIRED**

CAMP ZAMA COMMUNITY CLUB

Camp Zama Community Night

JEOPARDY

FRIDAY, 20 May, 5-8 PM CZCC BALLROOM

Hors D'oeuvres, Prizes and Entertainment **FREE EVENT!**

***CYS is offering "Community Night Child Care Services" AT SHA CDC, contact 267-6564**

FOR MORE INFORMATION, PLEASE CALL CZCC 263-4547

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

TEXAS HOLD'EM TOURNAMENT

SATURDAY 14 MAY 2 PM CZCC BALLROOM

Tickets purchased by 10 May \$40
After 10 May \$ 50
Includes non-alcoholic drinks and prizes
Prizes will be based on the number of players
Sign up at the CZCC Cashier's Window
Adults only

FOR MORE INFORMATION, PLEASE CALL 263-4547



CAMP ZAMA LAUNDROMAT

OPEN 24 HOURS

Located next to the Camp Zama Laundry and Dry Cleaners, Bldg 375



WASHING MACHINES

Large Washer: \$2 per load
Small Washer: \$1.50 per load

For more information, please call 263-4671

DRYERS

- Large dryer: \$1 first 15 minutes, \$0.25 for an additional 10 minutes.
- Small dryer: \$0.50 first 15 minutes, \$0.25 for an additional 10- minutes.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Zama Bowling Center • 263-4780

- **King of the Hill Tournament**
Sunday, 1 May, 11 am - 7 pm
- **No Tap Bowling Tournament**
Sunday, 15 May, 1 - 3 pm. Fun for

LUNCH

Monday

- 2 Chicken Quesadilla
w/Refried Beans
- 9 Beef on Rice w/Red Ginger
- 16 1/4 Rotisserie Chicken
w/Garlic Rice and Vegetable
- 23 Stir Fried Tangerine Beef
w/Rice
- 30 Regular Menu

Tuesday

- 3 Beef Kabob Skewer
w/Rice and Vegetable
- 10 Taco Rice
- 17 Hamburger Steak w/Avocado
Sauce and Baked Potato
- 24 Spanish Paella w/Green Salad
- 31 Chicken Salad Sandwich
w/Onion Ring

Wednesday

- 4 Pork Sinigang
w/Rice and Turon
- 11 Chicken Apritada w/Rice
and Casava Cake
- 18 Bihon w/Lumpia and
Garlic Rice

all bowlers. All have an equal chance of "winning". Sign up at the Zama Bowling Center.

LUNCH

- 25 Chicken Adobo w/Rice
and Biko
- Thursday**
- 5 Spaghetti w/Meat Sauce
w/ Garlic Bread and Tossed
Salad
- 12 Italian Sandwich

- **Memorial Day Scratch Tournament**

Monday, 30 May, 12:30 - 4 pm

LUNCH

- w/French Fries
- 19 Home Made Meat Lasagna
w/Garlic Bread
- 26 BLT Sandwich
w/French Fries
- Friday (No Special)**
Regular Menu

ALL YOU CAN EAT PIZZA WITH BOWLING

EVERY 2ND WEDNESDAY 5-7 PM ZAMA BOWLING CENTER

All the pizza you can eat PLUS bowl 3 games (and rental shoes)!

- All You Can Eat Pizza is on **MAY 11**
- Enjoy our pepperoni, sausage and cheese pizza
- * Cost Adults: \$10, Youths 5-12 years: \$5, Youths 4 and below: FREE
- * Any games over the 3 free games will cost an additional \$2.25 per game
- * 2 hour limit per bowler
- * Does NOT include beverage

45% SAVINGS!



For more information, please call 263-4780

ZAMA BOWLING CENTER

UNIT RUCKSACK BOWLING CHALLENGE

6 pm • Wednesday • 11 May

- Open to active duty military personnel assigned to Camp Zama.
- Registration is open to the first 10 "five" member teams to sign up.
- Participants must wear a 30 lb. rucksack.

Entrance Fee: \$20 per team.
((\$5 for bowling fees • \$15 towards prize fund))
1st place ~ All bragging rights & \$100
2nd place ~ \$50

*For more information, please call 263-4780.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

CINCO DE MAYO

Party Time!

**Friday, 6 May,
2100 - 2400
Firelight Lounge**

For more information, 263-4547




QBC Army Community Service Quarters Beautification Competition



- This is the first QBC of the calendar year, and your opportunity to show the judges the results of your hard work and your dedication to maintain your government quarters in a high state of appearance.
- Judging for the QBC for May will be conducted during the period 2 - 11 May at the Zama, Depot and Saganihara Housing Areas.
- Awards will be presented for first, second and third place and will be presented on site in each of the three areas on Friday, 20 May.
- REMINDER: all winners throughout the May - September competition will also have another opportunity to be recognized. Prizes will be awarded to the OVERALL FIRST PLACE winner in each of the three areas in October (exact date, time and place to be announced).
- For additional information, please phone your community mayor or Army Community Service at 263-8087.

MWR COMMERCIAL SPONSORSHIP and the **Army Community Service Staff** appreciate the support of the NAVY FEDERAL CREDIT UNION, RED BULL, OUTBACK, CAMP ZAMA EXCHANGE AND NEW CAR SALES for supporting this five month program for the benefit of our community members.

 **EXCHANGE**
 **Exchange**
 **OUTBACK**
 **NAVY FEDERAL Credit Union**
 **Red Bull**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

The Camp Zama Community Club is Your One Stop Place For

Food & Drink

For information or reservation



Every 2nd and 4th Wednesday in the Firelight Lounge, there are Country Line Dance lessons from a local dance club. The lessons are FREE and participants always a good time. So dust off your cowboy boots, put on your hat, and learn the latest steps at the Firelight Lounge.



event has grown since it began in 2009. So, if wine is your preferred beverage then we look forward to seeing you at the CZCC Wine Social.

With the warm weather of spring comes the smooth relaxing atmosphere of the Friendship Wine Socials at the CZCC. Every month from May thru September, enjoy the best wines and hors d'oeuvres in the Kanto area. You can purchase wine by the bottle or glass and enjoy the soft jazz music in the background with your friends or spouse. The popularity of this



The Camp Zama Community Club is the place to go for all your social needs. We cater to parties from 10 to 300 people. We offer a variety of menu items and special setups. Stop by and have a reception, dining out, birthday party or anniversary. We are happy to help plan your special event. The Ballroom, Firelight Lounge and other areas are available to host your event. Our service is available to "The Best Customers in the World" Tuesday - Friday, 9:30 am - 5:30 pm, and Saturday 10:00 am - 5:00 pm. Our Event Manager is Ms. Rika Ueda, phone 263-2631.

and Entertainment

ions, please call 263-4547.

Photos and article by Randy Benton



Sunday Brunch at the CZCC is the perfect way to bring the weekend to a close. We offer a large selection of food ranging from breakfast items to lunch items. There are waffle, egg and ham stations to fulfill any desire that you may have. The CZCC Sunday Brunch is the perfect place to bring the family for a great meal and a pleasant atmosphere. Reservations are accepted for Sunday Brunch.



Every Wednesday in the Ballroom is Mongolian BBQ Night. You are the cook on these nights as you decide what type of items you want in your BBQ. There is a large variety of vegetables, meat and seafood to choose from. Our chefs will cook "your dish" to perfection and our staff will bring it to you hot off the grill. This is one of the most popular dining events at the CZCC, so reservations are welcomed. Please call 263-4547 to reserve your table at Mongolian BBQ Night.



premiere catering facility within the Kanto
guests, offering a wide variety of menu
us arrange your hall and farewell,
y other special event. Come in and see us
om, Garden Room, Eda's Room and
event. Our goal is to provide the best
the World". Catering operating hours:
aturday by appointment only. The Cater-
4204 or email: rika.ueda@zama.army.mil.

CAMP ZAMA COMMUNITY



BAZAAR

VENDORS OFFERING :
FURNITURE, ARTS & PICTURES,
JEWELRY, TOYS, ANTIQUES,
NOVELTIES, SOUVENIRS —

MAY 2011

SAT
28
9 AM - 5 PM

SUN
29
10 AM - 4 PM

CAMP ZAMA COMMUNITY CLUB

For more information:

☎ 263-5316



Zama ITT

Tour & Travel information will be available
For more information: ☎ 263-5273/4059



**Your Travel
Concierge!**

Zama ITT



PLAN YOUR SUMMER TRAVEL!

Our goal is to help you to find your perfect hassle free vacation!

We are your one-stop, on-base agency to meet all your travel needs.

- Airline Tickets
- Train Reservations
- Narita Commercial Bus Reservations
- Tour Packages
- Hotel Reservations
- Rent-A-Car Reservations
- Bring Your Family To Visit You
- Visa Processing
- Much More!

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION



• Military PHONE : 263-5273
263-4059

• E-Mail

: travel@zamaitt.com

• Commercial PHONE : (046) 254-8896

• Commercial FAX : (046) 255-0356

• Website

: <http://zamaitt.com>



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCHES	LUNCHES	DINNER SPECIALS
WILL BE CLOSED 30 MAY		
MONDAY	25 Fried Shrimp Curry	31 Regular Menu
2 Chicken Cutlet (Sagami Lounge Special)	THURSDAY (All-U-Can Eat)	WEDNESDAY NIGHT
9 Shrimp Pilaf and Teriyaki Chicken	5 Oriental Buffet	Family night movies for adults and youths 4, 11, 18 and 25 May. Regular dinner menu; choose your discount.
16 Fried Rice Karaage and Yakisoba	12 Mexican Buffet	THURSDAY NIGHT
23 Taco Rice and Enchiladas	19 American Buffet	(CHEF'S SPECIAL DINNER)
30 Closed	26 Italian Buffet	5 Ribeye Steak (6oz) and Salmon Saute (4oz) (\$20)
TUESDAY	FRIDAY	12 Ribeye Steak (6oz) and Mahi Mahi Saute (4oz) (\$20)
3 Pork Saute	6 Seafood Rice Gratin w/Garlic Bread	19 Prime Rib Dinner (\$20)
10 Steak Don	13 Yakiniiku and Curry Rice	26 Regular Menu
17 Hamburger Steak and Fried Shrimp	20 Seafood Platter	FRIDAY NIGHT
24 Garlic Chicken Saute	27 Shrimp and Kakaage Tempura Don	Mongolian BBQ on 13 and 27 May; enjoy the best Mongolian BBQ in town!!! Also, on 6 and 20 May we offer the regular dinner menu.
31 Pork Ginger and Karaage		SATURDAY NIGHT
WEDNESDAY	DINNER SPECIALS	7, 14, 21 and 28 May, regular menu. 30 May Closed.
4 Hamburger Gratin	TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50)	
11 Grilled Chicken w/Garlic Tomato Sauce	3 Mexican Dinner	
18 Lasagna w/Garlic Bread	10 BBQ Dinner	
	17 Pizza and Pasta Dinner	
	24 Regular Menu	

“See the Bugle for the advertisement”.

A rmy Family
Action Plan (AFAP).
"AFAP is a year round
process"! To submit an
AFAP issue, log onto
[http://www.mwrjapan.pac.
army.mil/](http://www.mwrjapan.pac.army.mil/) and "submit an
AFAP Community Idea/
Concern". Issues can be
submitted anonymously
and will be sent directly
to the AFAP Program
Manager.

■ Army Community Service • 263-8327

RELOCATION READI- NESS PROGRAM, 263-HELP (4357)

- *Exploring Japan*
Cancelled until further notice.
- *Adult Evening English Class*
Every Wednesday, 5:30 - 7 pm. No
pre-registration necessary.
- *Adult Japanese Language Class*
Every Wednesday, advanced class,
10 - 11 am; beginner class, 11 am
- noon. Taught by a native Japa-
nese speaker. No pre-registration
required.
- *Business Japanese Class*
Every Wednesday, 5:30 - 6:30pm.
Based on customer's request, the
course will be divided into basic and

advanced categories. Pre-registration
required. Taught by a native Japa-
nese speaker.

• *Children's Japanese Language and Culture Class*

Cancelled until further notice.

• *Adult English as a Second Lan- guage Class (ESL)*

Cancelled until further notice.

NOTE: All classes are cancelled on
US holidays. For more class infor-
mation, please contact 263-HELP
(4357) or 263-2382.

MOBILIZATION AND DE- PLOYMENT PROGRAMS, 263-HELP (4357)

Please phone 263-8089 to schedule
your unit pre-deployment readiness
training, reunion briefing, Fam-
ily Readiness Group Training, and
Unit Rear Detachment Commanders
(RDC) Training. Free child care is
provided by CYS during official FRG
functions (advance coordination is
required).

• *Pre-deployment Support and Op- eration R.E.A.D.Y. Training*

This training is designed to help all

LOAN CLOSET

Army Community Service

Monday, Wednesday & Friday:
1 - 4 pm, at
ACS, Bldg 402



FOR DETAILED INFORMATION, CALL 263-4357

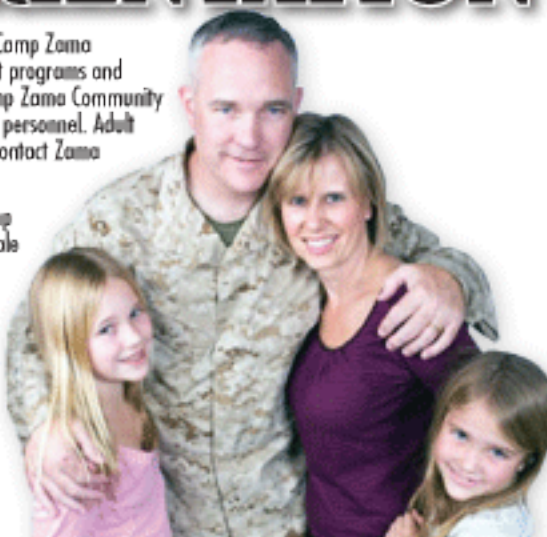
NEWCOMERS ORIENTATION

NEWCOMERS ORIENTATION PART I: Wednesday, 18 May, 8 am - 4:30 pm, Camp Zama Community Club (right wing). Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II: Thursday, 19 May, 8 - 11:30 am, Camp Zama Community Club (right wing). Continued overview of services and programs available at Camp Zama including medical and dental information. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA Status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

SHOPPING ON THE ECONOMY: Thursday, 19 May, 1 - 4:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story "100 Yen Shop" in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

For information contact ACS at 263-8091.



MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF**
thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the
Zama community.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month, 3 - 4 pm, in the ACS Outreach Room.

• **Deployed Spouse Program**

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget



Employment Readiness


Provides assistance with resume and job search by appointment. The following classes are offered by the Employment Readiness Program on Friday, 1:30 - 3:30 pm, at ACS (pre-signup is required):

- 1st Friday: Resume and Cover Letters
- 2nd Friday: Interview Techniques and Dressing for Success
- 3rd Friday: Microsoft Office Applications.

POC: Gary R. Wertz, 263-5550, email: gary.wertz@us.army.mil

assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and


quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management.



Family Advocacy Program

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. For more information about Family Advocacy Programs or to schedule a class or briefing, contact 263-HELP (4357). The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.

- **Sexual Assault Prevention and Response Program (SAPRP)** - Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP / 4357 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP / 4357 or 090-9395-8909.
- **Victim Advocacy:** Victim Advocacy is a free service for all personnel in the military community. The Victim Advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The Victim Advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Army Community Service • 263-8327

For more information, contact ACS at 263-5550 or 263-4357.

• **Scheduled Financial Classes:**

All classes are held at ACS, 1:30 - 3:30 pm:

- * Budget Monday
- * Banking Tuesday
- * Debt Management Wednesday
- * Investment TSP Thursday

All first term personnel are required to attend all four classes during in-processing before Financial Readiness will be signed off on the in-processing check-in sheet. Attendance at all four classes meets the requirement for the mandatory 8 hour Financial Readiness Class per AR608-1 and DoDI 1342.27. Units may request classes also; requests should be in writing a minimum of two weeks prior to the class date, first come, first served. Each class requires a 2 hour block. The classes available are in the following areas: Basic Budget, Remedial Checkbook Management, Credit and Debt, Large Purchases, Insurance, Investment / TSP, and Planning for Military Retirement. For more information, phone 263-5550 or 263-HELP(4357) or email: gary.

Survivor Outreach Service



Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

wertz@us.army.mil.

• **AER Emergency Leave**

The primary funding for travel to a gateway city by service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and from the leave site.

**COMMUNITY LIFE OFFICE,
263-HELP (4357)**

• **Army Volunteer Corps (AVC)**

Would you like to learn new skills,

meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator at 263-8087.

• **Army Family Team Building (AFTB), 263-HELP (4357)**

The Key to your Army Journey and Passport to Power!

Join us for our next AFTB class! If you are a young Soldier SGT or

NPSP

New Parent Support Program- 263-4572.



The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Ann Elementary School).
- **Breast Feeding Support Group Meeting** held 5 May, 9:30 - 10:30 am at ACS and 16 May, 9:30 - 10:30 am at SHA CDC.
- **Baby Love Seminar** for this month will be "Infant Massage", held during Zama Chapel Play Morning on 17 May, 10:15 - 10:30 am and 26 May, 10:15 - 10:30 am, at EDIS.
- **NPSP Workshop:** "Eating Healthy and Keeping Fit", to be held on 24 May, noon - 1 pm at ACS.
- **Pre-Birth Classes** taught by OB/GYN Nurse will be held on 5 and 12 May, 4:30 - 5:30 pm. Please contact NPSP Manager at 263-5084 to pre-register or for more information.
- **Baby Bundles** information and supplies for new and expectant parents and electric breast pumps are available by calling 263-5084 or you may email shirley.k.coleman@us.army.mil for more details.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

below and need promotion points AFTB is a good source and a great tool that you will be able to use through out your military career. Please call or email the Program Manager at 263-8087.

INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After: 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings. For more information, please call 263-4357 (HELP).

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOP

• "EFMP Overview"

23 May, noon - 1 pm, at ACS.

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. If you would like to become an EFMP Respite Care Provider and/or learn more about eligibility for EFMP Respite Care, please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator.



GUIDE TO SUPERVISE YOUR CHILD

Guidance from the USAG-J Child Supervision Policy (September 2008)

Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), developmental delay, behavioral problems, impulsivity, psychiatric problems or other impairments should not be given the degree of self-management / responsibility allowed in this policy.



HOME ALONE?

Birth - 5th grade: Never
6th - 8th grades: up to 4 hours with access to adult supervision, never overnight!
9th - 12th grades: Over 4 hours with access to adult supervision, never overnight!
Graduated: May be left overnight with access to a responsible adult.

BABY SITTING?

Birth - 5th grade: Never
6th - 7th grades: Siblings only! Up to 4 hours with access to adult supervision.
Never overnight (2230-0530)!
Red Cross Certification recommended.
8th - 12 grades: In the baby-sat child's home with Red Cross Certification. Never overnight!



UNATTENDED IN VEHICLE?

Birth - 5th grade: Never
6th - 10th grades: 15 minutes in a parked car with keys removed and handbrake applied.

UNATTENDED OUTSIDE?

Birth - 5 years: Never
1st - 5th grades: Less than 1 hour in sight or hearing distance of a parent or supervising adult.
6th - 7th grades: Up to 4 hours with access to adult supervision.
6th - 12 grades: May not loiter in the PX, Food Court or Shoppettes.



Children in K- 5th grades attending Japanese Schools must be escorted out of and into the gate unless picked up by bus.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Y

ano
pool annual
maintenance
is scheduled from
26 May until 20
July.



■ Sports, Fitness and Aquatics

263-3954 / 4664

SPORTS (263-7980)

• Zama Book of Records

Every third Saturday of the month (21 May) at the Yano Fitness Center. All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is fun; challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano Bulletin Board. End of the year winners will get a chance to win

The Yano Fitness Center is now open starting at 0500 . Closing and weekend hours remain the same. Yano pool open until 2000 weekdays.

fabulous prizes, as well as notoriety as their record and picture will grace the glossy Zama Book of Records. "You too can become a living legend".

FITNESS (263-5656)

• Super Circuit Class (Free)

Monday, Wednesday: 1200 - 1230
Friday: 1730 - 1800

• Personal Training / Program Consultations (Free)

Limited days and times by appointment only.

Consultations are:

Tuesdays, 0900 - 1130

Wednesdays, 1400 - 1630

• Hit and Core (NEW):

Tuesdays, 1200 - 1245

• Yoga (NEW):

Thursdays, 1200 - 1245

NOTE: All fitness classes / services are subject to change. Please see the monthly flier for accurate times.

AQUATICS (263-3348)

• Jacuzzi, Steam Room, Sauna The

YANO FITNESS CENTER

9 AM • SATURDAY
7 MAY

SINGLES

TENNIS TOURNAMENT
MENS AND WOMENS DIVISIONS

*For more information,
please call 263-4664.

*Registration deadline is 9 pm, Friday, 6 May.

YANO FITNESS CENTER

Commander's Cup

Golf Tournament

7:30 AM
SATURDAY
28 MAY

*For more
information,
please call
263-4664.

*Register by 5 pm, Friday, 20 May
at the Yano Fitness Center Issue Counter.

***AT THE CAMP ZAMA GOLF COURSE**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• **Training Reservations for Swimming Pool**

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than three (3) weeks in advance. Forms can be e-mailed upon request.

• **Age Policy for Swimming Pool**

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CY5, the schools, or other authorized youth organizations may

SHA Pool Grand Opening

SHA Pool will open on 28 May, Tuesday - Sunday, 1100 - 1800, until Yano pool reopens.



participate under designated adult supervision.

• **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

SERVICES AND CONTRACTORS (263-4664)

Yano Fitness Center is seeking interested applicants for contracting in

the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

• **Aerobics**

* **Instructor: Ms. Hitomi Someya**


Zumba Class (\$3 per class): Tuesdays and Thursdays at 1730. Times and schedule subject to change depending on community needs.

• **Tanning Booth**

Yano Fitness Center has two tanning booths hours:


BIG KAHUNA

PUSH PULL




**BENCH PRESS/DEAD LIFT
COMPETITION
(NEW FORMAT)**

**New format will be available at the
Yano front counter by 6 May.*




Thursday, 19 May

- Weigh In: 3:30 ~ 4:30 pm
- Rules Meeting: 4:45 ~ 5 pm
- Competition starts at 5 pm



**ENTRY DEADLINE
IS 4:30 PM, 19 MAY.**



***FOR MORE INFORMATION, CALL
263-4664.**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Sports, Fitness and Aquatics • 263-3954 / 4664

Monday - Friday: 0530 - 2025

Weekends: 0800 - 1630

Purchase a one session card for \$2.50, ten sessions for \$20 and twenty sessions for \$35. Must be 18 years old.

• **Massage Cancellation Policy:**

Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for information regarding this policy.

• **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664/3954 for additional information. The cost is 30 minutes for \$35, 45 minutes for \$45 and 60 minutes for \$60 (you must be at least age 21).

NOTE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of

YANO FITNESS CENTER
WATER
AEROBICS PROGRAM
Mondays and Fridays: 0900 - 1000
Wednesday: 0900 - 1000 / 1800 - 1900
Tuesdays & Thursdays: 1730 - 1830
**For more information, please call 263-4664/3348.*

the expiration date, please contact the front desk at 263-4664.

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness every Monday at 1845

One session: \$6

4 sessions: \$20

• **Martial Arts (Taekwondo Classes)**

* Instructor: Kellie Williams

Tuesday, Thursday and Friday:

Ages 4 - 6: 1700 - 1800

Ages 7 - adults: 1800 - 1900

Cost: \$45 per month

* Instructor: Kang Hyum Soon

Monday and Thursday:

Ages 4 to adult: 1730 - 1900

Cost: \$56.20 per month (depending on yen rate)

NOTE: All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.

* Brazilian Jujitsu (Instruction and Training)

* Instructor: Paul Everson

Monday and Wednesday (ages 18 and older): 1645 - 1900

Cost: Free (all levels welcome).

YANO FITNESS CENTER
INTRAMURAL SOFTBALL
SEASON 2011
Games start on/around 6 June.
• Entry Deadline:
3:30 pm, Tuesday, 2 June.
***For more information, please call 263-4664.**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- *United by Baxter, Meredith*
- *Against All Odds by Brown, Scott*
- *Scarlet Nights by Deveraux, Jude*
- *Hidden Reality by Greene, Brian*
- *Undisputed by Jericho, Chris*
- *Widow's Story by Oates, Joyce Carol*
- *Heartbeat Away by Palmer, Michael*

- *Death and Life of the Great American School System by Ravitch, Diane*
- *Treachery in Death by Robb, J. D.*
- *Money Class by Orman, Suze*

NEW BLU-RAY DVDS

- *Black Swan*
- *Country Strong*
- *Harry Potter and the Deathly Hallows*
- *The Girl Who Leapt Through Time*

- *Mad Men: Season Four*
- *Robots*
- *Tangled*
- *Taxi Driver*
- *The Tourist*
- *Tron: Legacy*

ON-LINE CATALOG

Search our collection from home or work at: <http://yoko.sirsidynix.net.au/uhtbin/webzama>

■ Community Activity Center • 263-3939/5712/8892

ATTENTION

If you are interested in teaching the following classes, please contact 263-8892. Hula, Hip Hop Dance, Jazz, Piano, Guitar, Drum, Ballroom Dance

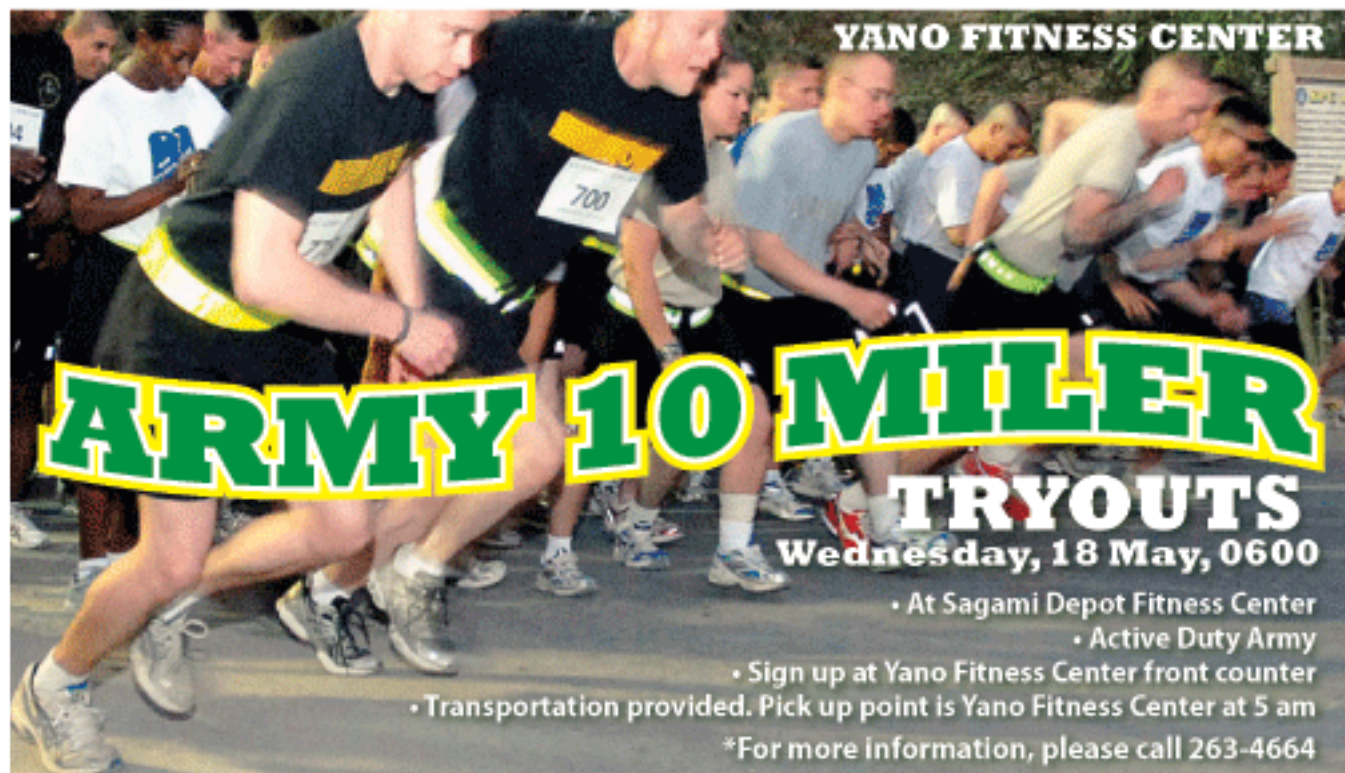
CLASSES

- **Ballet Class**
- * Wednesday:
Pre-Elementary "B" (4 - 6), \$40:
1630 - 1715

- Elementary (6+), \$60:
1720 - 1830
- Intermediate (10+), \$60:
1845 - 2015
- * Thursday
Pre-Elementary "A" (3 - 4), \$40:
1515 - 1600
- Contemporary (7+), \$60:
1600 - 1730
- **Ballroom Dance Class**
- * Tuesday:
Intermediate (16+), ¥6,000 for 50 minutes
- * Thursday

Beginner's Class (16+), ¥4,000 for 50 minutes

- **Piano Lesson**
Monday - Friday:
Four classes a month, ¥7,000
- **Violin Lesson**
Tuesday and Thursday
Four classes a month, ¥7,000
- **Koto Lesson**
Tuesday
Four classes a month
Adult: ¥8,000
Youth: ¥7,000



YANO FITNESS CENTER

ARMY 10 MILLER TRYOUTS

Wednesday, 18 May, 0600

- At Sagami Depot Fitness Center
- Active Duty Army
- Sign up at Yano Fitness Center front counter
- Transportation provided. Pick up point is Yano Fitness Center at 5 am

*For more information, please call 263-4664

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

R

ed Tag
Sale. A variety of craft
supplies are on sale
now starting from \$1.



**2011 Army Arts and Crafts
Contest.**

* **Submission dates**
1 May - 30 June.

■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed
Wednesday - Friday: 1130 - 1930
Saturday - Sunday: 1000 - 1800

CLASSES

- **Silk Screen Work Shop**
\$15 for a class, includes one free t-shirt (appointment only).
- **Wood Shop Orientation for DA 3031.**
Saturdays: 10 am, no fee.

• **Frame Shop Orientation**

2nd and 4th Thursday, 5 pm,
\$10 a class; supplies are included.

Advance and refresher classes are
conducted upon request, \$10 a class,
supplies are not included.

• **Washi-Paper Craft Workshop**

\$10 a class; supplies are available at
the sales store (by appointment)

• **Ikebana** (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$20
for a class, plus ¥1,000 (flower fee).

• **Shodo** (Japanese calligraphy class), Wednesday, 4 pm, \$10 for a class; includes all supplies.

NOTE: All classes require ad-
vance registration. Schedules are
subject to change.

Pottery Classes



- Wednesday,
1600 - 1800,
\$20 per class,
supplies are
included.

For more information,
phone 263-4412.

• • • **WANTED** • • •

Zama Arts and Crafts Center is now looking
for instructors in the following areas: water
color paint, Toile paint (acrylic paint), washi
paper craft, digital photograph, pottery,
balloon art, scrapbook, sawing and color
pencil drawing.

A R T S & C R A F T S C E N T E R

11TH ANNUAL

Wild Animal Life

PHOTO CONTEST

2011




- Entries must be in NLT Sunday, 29 May
at the Camp Zama Arts & Crafts Center.
- Exhibition will be 8~19 June at the
Camp Zama Community Club (CZCC).
- 1st, 2nd, & 3rd place will be awarded.
- Award ceremony will be at the
4th of July event site.
- For more information, please call 263-4412.







Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Outdoor Recreation • 263-4671

TOURS AND EVENTS

- **MTB at Fuji for Beginners**
Saturday, 7 May, 0600 - 1830
- **Fuji Area Excursion**
Saturday, 7 May, 0700 - 1830
- **Fishing Clinic in Japan**
Saturday, 7 May, 1330 - 1530
- **White Water Rafting**
Sunday, 8 May, 0330 - 1800
- **Mother's Day Lunch** (Yokohama Bay Sheraton)
Sunday, 8 May, 0930 - 1800
- **Overnight Trip to Shinshu** (Snow Canyon walking and Kamikochi hiking)
Saturday - Sunday, 14 - 15 May, 0330 - 2100
- **Tea Leaf Picking, Numazu Fish Port and Imperial Villa**
Saturday, 14 May, 0630 - 1830
- **Fuji Safari Park**
Sunday, 15 May, 0800 - 1700
- **USJ**
Saturday, 21 May, 0200 - 2400
- **Shimoda Black Ship Festival**
Saturday, 21 May, 0600 - 2000

- **Mt. Sekiro Hiking**
Sunday, 22 May, 0730 - 1530
- **Clam Digging**
Sunday, 22 May, 0800 - 1730
- **Deep Sea Fishing (Shimagatsuo)**
Saturday, 28 May, 0430 - 1530
- **Nikko Edo Mura**
Saturday, 28 May, 0600 - 2030
- **Kyoto Overnight**
Sunday - Monday, 29 - 30 May, 0200 - 2100

- **Hotel Mikazuki Ryugujo Spa and Lunch Buffet**
Monday, 30 May, 0900 - 1900
- **Scuba Diving PADI Open Water Certification 4-day Course**
* **Outdoor Recreation and Yano Fitness Center**
Saturday, 14 May, 0830 - 2000
Sunday, 15 May, 0830 - 2000
- * **Overnight to Izu**
Saturday - Sunday, 4 - 5 June, 0500 - 1800

Interactive Customer Evaluation

ICE

We are listening!
Good or Bad, we'd like to know!

Please give us your
ADVICE
Interactive Customer Evaluation
<http://ice.disa.mil/index.cfm>

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

Paid Advertisements

“See the Bugle for the advertisement”.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

G

OOD NEWS!!!

The Camp Zama Car wash is now open. Hours of operation are:

Monday- Tuesday:
0800 - 1630

Wednesday - Friday
0800 - 2000

Saturday - Sunday
0900 - 1800

(note: the SHA car wash is still under repair.)

■ Automotive Skills Center • 263-3615

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
Wednesday - Friday:
1130 - 2000
Saturday and Sunday:
0930 - 1800

PLEASE NOTE:

• All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This

briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Vehicle Detailing

Our detailing service consists of a basic wash and wax of the outside only with tire waxing included. If you want the interior cleaned also, there is an additional cost.

* Prices are as follows (starting from):

\$35 for sedans / hatchbacks

\$50 for vans / SUV's

* Cleaning of the interior (starting from):

\$15 for sedans / hatchbacks

\$20 for vans / SUV's

* Cleaning of trunks for sedans; additional \$5

NOTE: Detailing work orders are conducted by appointment only.

• Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday during the open hours of the Auto Skills Center. For more information and rates, please give us a call 263-3615.

USED VEHICLE COURTESY INSPECTION

The Zama Auto Craft Shop offers a 20-point courtesy inspection for

Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointment only.



CLASSES START AT 5:30 PM

- How to do a basic check of your vehicle: 5 and 19 May
- What to look for when buying a used car: 12 and 26 May

NOTE: You must sign up prior to the day of the class. Participants are responsible for all materials and or supplies for class.

Camp Zama Automotive Skills Center

CLASSES

USED PARTS FOR SALE

- 6 X 9 speaker - - - \$30 pair
- 6 1/2 speaker - - - \$15 pair
- CD player, stateside tuner starting at - - - \$35 ea
- Safety flares - - - \$2
- Various aluminum rims starting at - - - \$40 set

We also have used tires; just stop by with your car and see if they are on the rack.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Fridays, noon, daily Mass, Blessed Sacrament, Chapel

Sundays, 9 am, Mass, Zama Chapel.

Sundays, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel.

Sundays, 10:45 am CCD, Religious Education Center.

PROTESTANT SERVICES

Sundays, 9:30 am, Sunday School for all ages at the Religious Education Center.

Sundays, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Wednesday, 6:30 pm, Music Rehearsal, Zama Chapel.

SAGAMIHARA PROTESTANT GOSPEL SERVICES

Sundays, 9:30 am, Sunday School, Sagamihara Chapel.

Sundays, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services)

Wednesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Tuesdays, 7 pm, Youth Activity, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 264-5203, or Yohei Arai at 801-649-1393.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Please contact Mr. or Mrs. Fulford at 046-257-0613 or email: forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Second Saturday (Sabbath), 9:30 am, Sabbath School; 11 am, Divine Worship, Zama Chapel. Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

PROTESTANT WOMEN OF THE CHAPEL (PWOC)

Thursdays, 9:30 am - 11:30 am, Religious Education Center, Devotional, Praise and Worship, Brunch and Bible study. Three Bible studies to choose from. Join us! POC: Mrs. Debra Hammer at zama@pwoc.org or pwocatcampzam.org or pwocatcampzama@yahoo.com. Childcare provided.

MAY SEASONAL ACTIVITIES

Sunday, 15, 9 am, First Communion (Catholic), Zama Chapel.

Sunday, 15, 10:45 am, CCD Class Appreciation Party, Religious Education Center.

Sunday, 22, SHA Gospel Worship Picnic, Dewey Park.

USAG-J Religious Support Services and Programs offer many spiritual fitness opportunities for you and your Family. If you desire more information, please call the Garrison Chaplain's Office at 263-4898. The Garrison Chaplain's Office only advertises religious support activities under its auspices.



TORII BEACH CABIN

\$60 a night

Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, cable television, DVD PS3, and BBQ grill. Visit Torii Beach Office, Bldg T301 to check in/out. Check in time is 3 - 5 pm. Check out time is 11 am. For more information, phone DSM: 644-4659 or call commercial: 011-81-611-744-4659.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services

■ DIRECTOR 263-8057
■ Army Community Services 263-4357
Mon - Wed 0730-1630
Thu 1300-1630
Fri 0730-1630
US Holidays Closed

Business Division

■ DIRECTOR 263-4452
■ ADMINISTRATIVE OFFICE 263-7935

■ DIRECTOR OF GOLF 263-3694
■ ADMINISTRATIVE OFFICE 263-4966
(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

■ BOWLING CENTER ZAMA 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ BOWLING CENTER DEPOT 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ ZAMA COMMUNITY CLUB
■ ADMINISTRATIVE OFFICE 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ HOB NOB INN 267-6097
Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300
Thu 1630 - 2100

Fri 1630 - 0100
Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954
Take Out 268-4142
Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000

Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

ZAMA LODGING

■ ADMINISTRATIVE OFFICE 263-3293
Reservation Desk 263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

Recreation Division

■ CHIEF RECREATION OFFICE 263-3479
■ ADMINISTRATIVE OFFICE 263-5614
■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed
Wed-Fri 1130-1930
Sat & Sun 1000-1800

■ AUTOMOTIVE SKILLS CENTER 263-3615
Mon-Tue Closed
Wed-Fri 1130-2000
Sat-Sun 0930-1800

■ COMMUNITY ACTIVITY CENTER 263-3939
Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ INTERNATIONAL TOURS 263-5273
Mon-Fri 1000-1800
Open during lunch

■ LIBRARY
Zama 263-3517
Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671
US Holidays Closed
Leisure Travel Services & Vehicle Rental
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580

■ POOLS 263-3348
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800
SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)
■ SPORTS/FITNESS CENTER 263-4664
Zama 263-3954

Mon-Fri 0500-2100
Sat-Sun, Holidays 1000-1800
Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs

Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ DIRECTOR 263-4273
■ ADMINISTRATIVE OFFICE

Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR 263-8086
(All the following CDC facilities are open during lunch.)

Parent Central Services 263-4125
263-4743

Mon-Wed 0800-1700
Thu 1000-1700
Fri 0800-1700

Family Child Care 263-4743
263-4125
267-6564

Sagamihara CDC
Mon-Fri 0530-1800

Zama CDC 263-4992
Mon-Fri 0530-1800

■ YOUTH SERVICES
Zama Youth Center 263-4500

Mon-Thu 1430-2000
Fri 1430-2200
Sat 1300-2200
Sun Closed

School Age Services (SHA) 267-6317
Mon-Fri 0630-1800

Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

USAG-J Okinawa MWR

■ MWR OFFICE 644-5396
■ ADMINISTRATIVE OFFICE 644-4270

■ ARMY COMMUNITY SERVICE
Director 644-4110
Relocation Coordinator 644-4385
Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378
Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908
AFTB/AFAP Program 644-4743
EFMP Program 644-4106
ACS FAX 644-5918
School Liaison Office 644-4703

■ ARTS & CRAFT CENTER 644-4303
Lobby 644-4706

■ AUTOMOTIVE SKILLS CENTER 644-5612

■ CORAL COVE COMMUNITY CLUB
Business Manager 644-4256
Lounge 644-4306
Cashier Cage 644-4426

■ LIBRARY 644-4468
Staff Room 644-5335

■ MARKETING
Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665

■ SPORTS / FITNESS 644-4334
Sports / Fitness 644-4389

■ OUTDOOR RECREATION
Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Beach Rental Office 644-4659
Cabin Reservation 644-4659
011-81-611-744-4659

Kure Harbor Club

■ MWR Office 256-2580
256-2581

0800-1630
■ Outdoor Recreation 256-2575
0900/1700

■ Dining Room
Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000

■ Bar
Mon 1630-2000
Tue-Sat 1630-2200

■ PX / CLASS 6
Mon-Fri 0900-1730
Sat 1130-1530

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

MATCH PLAY



QUALIFIER TOURNAMENT

Saturday, 14 May, Zama Golf Course
Regular Tee Times



- This event will be conducted throughout the summer culminating with an 18 hole final in August (you must have a current USGA Handicap Index).

- Fee \$15

Contact Dale Jorgenson
Director of Golf, at 263-3694 or
email: dale.jorgenson@zama.army.mil

One Day Individual Stroke Play

Saturday, 21 May, Tee Times Start at 0600 Hrs.

Check-in 15 minutes prior!

- This is a one day individual stroke play event with a \$20 entry fee.
- Current USGA handicaps are required.
- The field will be divided into flights of 12 based on USGA handicap index.
- Gift certificates will be awarded to the top 4 net finishers in each flight.
- Does not include carts or lunch.
- Deadline for application is 6 pm on Tuesday, 17 May.
- Payout as follows (assuming a full field). Payout may vary based on size of the field. (1st: \$100, 2nd: \$75, 3rd: \$40 and 4th: \$25)



*For more information contact Dale Jorgenson, Director of Golf, at 263-3694 or
email: dale.jorgenson@zama.army.mil*

MOTHER'S DAY

Brunch Buffet

10:30 am ~ 2:30 pm
Sunday • 8 May



Carving Station

*Roasted Top Round of Beef
 w/Ajous & Horseradish*

Roasted Glazed Ham w/Pineapple Sauce

Omelet Station

*Your favorite Omelet,
 cooked to order!*

Soup

Minestrone Soup

Hot Food Station

- Sundried Tomato, Herb & Cheese Stuffed Grilled Chicken
- Grilled Salmon w/Spinach Cream
- Chicken Tenderloin Picata w/Tomato Sauce
- Beef Bourguignon
- Macaroni Cheese
- Buttered Corn
- Mashed Potatoes w/Gravy
- Paella
- Assorted Bread & Rolls

Breakfast Station

*Bacon • Sausage • Breakfast Potatoes
 Eggs Benedict
 French Toast & Maple Syrup*

Chilled Food Station

Assorted Salad Bar & Fruit

Dessert Station

*Chef's Selection of
 Delicious & Decadent Treats*

Adult: \$19.95 • Ages 8-12: \$10.95

Ages 4-7: \$8.95 • 3 & Under: FREE • \$2 more at the door.

HAPPY MOTHER'S DAY

For more information, 263-4547.